

# Packing for your Resort Vacation

## Tropical Beach Fashions

### Documentation

- ▶ Passport
- ▶ Drivers licence is a good idea in case you lose your passport
- ▶ Money in the correct currency
- ▶ Put some funds away if it is required when you leave the country

### Visit a Doctor that specializes in Travel

The doctor will give you all of the necessary vaccinations for the region you are traveling too

In addition he can give you medication to proactively avoid nausea and diarrhea caused by local bugs sometimes called Montezuma's Revenge

### -Medications

- ▶ Tylenol/Advil
- ▶ Motion sickness
- ▶ Prescription medications if required
- ▶ Sunburn creams
- ▶ Nausea medication
- ▶ Sunscreen
- ▶ Moisturizing cream

### Clothing

- ▶ Swimwear – minimum of two suggest three
- ▶ Cover ups
- ▶ Minimum of two sun or evening dresses
- ▶ Comfortable cool daytime cloths for shopping and going to town
- ▶ Sandals
- ▶ Running shoes
- ▶ Heels for dinner dress
- ▶ Makeup
- ▶ Hat

### General Items

- ▶ Hair dryer-resort hairdryers are typically small
- ▶ Shampoo
- ▶ Hair Conditioner-salt water and ocean spray will dry your hair
- ▶ Body wash
- ▶ Electrical adapters- may be required on foreign cruise lines
- ▶ Extra sunglasses
- ▶ Portable radio/CD player
- ▶ Bottle corker
- ▶ Camera

Cell phone-. A word of caution however, check with your cell phone service provider before using your cell phone in foreign country Many countries have different regulations pertaining to privacy and your personal information could be at risk.

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# Final Words of Advice for your Resort Vacation

- 1) Pack a carry-on bag with one outfit, a swimsuit and your essentials. Luggage does get lost and if you have the minimum basics with you, shopping for a couple of essentials while you are waiting for your luggage to show up will not be as stressful. Most important, don't let the temporary loss of your luggage ruin your cruise, go with the flow, it will usually show up on the next flight and be delivered to your resort.
- 2) Lock your wallet and passport in the room safe and only keep enough money on you that you intend to spend
- 3) Use a hidden pouch to keep your money out of plain view
- 4) When on day trips, keep your clothing simple, t-shirts with funny sayings or logos might not only be offensive to the local community but advertise you are a tourist
- 5) Don't wear extravagant jewelry when you are away from the resort. This will attract unwanted attention and could have a disastrous outcome
- 6) When sightseeing, be careful when entering churches and temples, many will enforce a strict dress code so long shorts, loose skirts and tops with long sleeves are the safest approach
- 7) Last but not least, relax, enjoy and respect other resort guests. Many people meet lifelong friends at resorts. The combined experience of open ocean air and daily cocktails will make your vacation a memorable one.